



SPORTS DEVELOPMENT AND COACHING

Who is it for?

Do you want to help train future sporting champions, and play a full role in developing top athletes, including coaching, sport therapy, sport science and physiotherapy?

This route allows you to gain valuable coaching qualifications and will give you all the tools you need to take a holistic approach to developing athletes; from grass-roots and community development to world-class level.

What does it include?

As an aspiring coach, sports therapist or sport scientist, this route will teach you how to monitor athletic performance and design development programmes, as well as developing your own performance as an athlete.

In addition to your studies, you will take part in our Sport Talent Programme which includes:

- Sports Development & Coaching
- Sports and Exercise Massage
- Technical & Tactical Skills in Sport
- Access to world-class Sports Lab facilities and High Performance Sport Centre
- Access to world-class sport facilities and coaching mentors on-site at University of St Mark & St John
- Work placements/opportunities to put your skills into practise
- Opportunity to develop you own sporting performance



How does it work?

- **In Year 10:** combine the Programme with GCSEs and our Level1/2 First Award in Sport.
- **In Year 12:** combine the Programme with A levels OR our BTEC Extended Diploma in Sport (level 3) including Sports Development & Coaching, Sports & Exercise Massage, Technical & Tactical Skills in Sport.

A different way to learn

Our unique way of teaching and learning takes the philosophy and techniques used in high level sports coaching to give you the transferable skills you need to succeed in your career, the workplace and life including: **Communication, Leadership, Focus, Enterprise, Problem Solving & Emotional Intelligence**

For more information contact us at:

T 01752 243900 W plymouthstudioschool.co.uk E info@plymouthstudioschool.co.uk

STUDENT CASE STUDY

BTEC EXTENDED DIPLOMA IN SPORT/SPORT TALENT PROGRAMME

LUIS STANSBURY: YEAR 12 PLYMOUTH MAYFLOWER VOLLEYBALL CLUB, BTEC EXTENDED DIPLOMA IN SPORT (LEVEL 3)

Luis combines his Extended Diploma in Sport with an opportunity to put his skills into practise through coaching PSS students and through his role as junior development assistant coach for Plymouth Mayflower Volleyball Club.

He also receives mentoring support from degree level students at the University of St Mark & St John.

Luis is part of the Under 17s South West Volleyball squad and was recently selected to attend the Youth Sport Trust's National Training Camp for Young Coaches.

"It's great being able to use my weekly work placement to get practical experience in coaching whilst also getting the right qualifications I need for my future career as a sports coach. The mix on offer is perfect for me."



CAREER PATHS ...WHERE COULD IT LEAD?

Degree level Higher Education:

- Sports Coach
- Physiotherapist
- Sports Therapist
- Sports Scientist
- Fitness Instructor
- PE teacher
- Sport Development

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